

Vanilla pudding with Styrian Pumpkin Seed Oil P.G.I.



Dessert

Kind of recipe



20 Minutes

Preparation



easy

Severity



Ingredients for 4 people

1 package vanilla pudding powder 2-3
Tsp sugar ½ l milk 2 Tsp Styrian
Pumpkin Seed Oil P.G.I.

Preparation

Whip the pudding powder and sugar in some cold milk. Heat the rest of the milk until just below the boiling point and stir in the mixture. Stir constantly until pudding texture is achieved. Stir in Styrian Pumpkin Seed Oil P.G.I., fill in cold forms and chill. Tip: By adding Styrian Pumpkin Seed Oil P.G.I. you can also change the taste of custard. Tip: You can also prepare the vanilla pudding as usual and pour it with Styrian Pumpkin Seed Oil P.G.I. before serving.

**Recipe from Gemeinschaft Steirisches Kürbiskernöl
g.g.A. / Foto: Stefan Kristoferitsch**